

Dear Parents,

Over the next **8 weeks** those of us in **Class 3N, 3E and 3X** will be following a unit of work on a theme that focuses on '**Shaping Up - Health and fitness**'.

This unit of work is part of the International Primary Curriculum. This new curriculum sets out very clearly what learners will learn – the learning goals – in three different areas:

1. The subjects of the curriculum. The learning goals for each of these subjects are at least as challenging as anything taught in the curriculum in your child's own country. In many cases, the learning goals are more challenging.
2. Personal development – the characteristics which will help children become more responsible, independent learners.
3. International understanding – which will help children develop both a sense of the independence of their own country and culture and the interdependence between countries and cultures.

Each unit of work is based around specific targets derived from the learning goals for one or more of the subjects. During this unit we will be focusing on **Art, ICT, Science, International, Physical Education and Society**.

In **Society**, we'll be learning:

- About germs and how they are spread
- How much sleep we should have
- How food advertising influences us
- About our food preferences
- About the ways of keeping healthy and safe through diet, clothing, exercise and hygiene

In **International**, we'll be learning:

- How different countries keep fit
- About World Health Day

In **Science**, we'll be learning:

- About the human skeleton, organs and muscles
- How the human heart works
- What is meant by a balanced diet
- How to look after our teeth
- How much physical exercise we need
- About the harmful effects of cigarettes and alcohol
- About the effects of physical activity on our heart rate

In **Physical Education**, we'll be learning:

- About the benefits of physical activity
- How different movements work different parts of the body
- How a fitness plan can improve our body's health

## **Assessment Focus in IPC:**

### **SKILL**

#### **SCIENCE**

**2.1 Be able to carry out simple investigations:**

**2.1c Predicting the outcomes of investigations**

**2.1d Using simple scientific equipment**

### **KNOWLEDGE**

#### **SCIENCE**

**2.13 Know about the function and care of teeth in humans and other animals**

### **INTERNATIONAL**

**2.3 Be able to identify activities and cultures which are different from but equal to their own**

# LEARNING GOALS

## Science Learning Targets

2.1 Be able to carry out simple investigations:

- Suggesting ways of collecting evidence
- Preparing a simple investigation which is fair with one changing factor
- Predicting the outcomes of investigations
- Using simple scientific equipment
- Testing ideas using evidence from observation and measurement
- Linking the evidence to broader scientific knowledge and understanding
- Using evidence to draw conclusions
- Recording and communicating their observations and findings in a variety of ways
- Explaining their observations and findings

2.2 Be able to gather information from simple texts

2.3 Understand the importance of collecting scientific evidence

2.4 Understand some of the effects of what they learn on people's lives

2.7 Know about the principles of nutrition, growth, movement and reproduction

2.13 Know about the function and care of teeth in humans and other animals

2.14 Know about the functions and actions of the heart in humans

2.15 Know about the functions of skeletons and muscles in humans

2.17 Know about the effect of exercise on the human body

2.18 Know about the effects that tobacco and alcohol have on the human body

2.19 Know about the effect of diet on the human body

# LEARNING GOALS

## **Society Learning Targets**

- 2.1 Know that they belong to different groups, have different home countries and different nationalities
- 2.2 Know that different groups have different purposes
- 2.3 Know that people within groups have different outlooks, characteristics and purposes
- 2.4 Know that they have rights and responsibilities
- 2.5 Know that people in different countries have different traditions, celebrations and ways of living
- 2.6 Know about ways of keeping healthy and safe through diet, clothing, exercise, hygiene and the observance of reasonable rules
- 2.7 Understand that people can affect their own health and safety
- 2.8 Understand that people's health and safety can be affected by a variety of factors including food, climate, rules, and the availability of resources

## **International Learning Targets**

- 2.1 Know about some of the similarities and differences between the different home countries and between them and the host country
- 2.2 Know about ways in which these similarities and differences affect the lives of people
- 2.3 Be able to identify activities and cultures which are different from but equal to their own

# LEARNING GOALS

## Physical Education

- 2.3 Be able to choose appropriate skills and movements to suit a task
- 2.4 Be able to plan actions and movements
- 2.5 Be able to take part in a range of individual, pair, small group and team activities
- 2.6 Be able to perform a range of activities with control and coordination
- 2.9 Be able to improve performance through analysis, observation and repetition
  
- 2.11 Understand the importance of warming up before an activity
- 2.12 Understand that physical activity is good for their health

## ICT: Opportunities for ICT Learning Goals

- 2.4 Be able to find and use stored information from a variety of sources
- 2.5 Be able to use ICT to support and present their work in other subjects



In **Language Arts**, we'll be learning:

- To recognise features of a poem
  - To write a recount - Diary, Blog
- To use a range of connectives to add detail to a sentence
- About the features of a non-chronological report - *E.g Magic school bus story linked to human body*
- To sustain narrative and non-narrative forms
- To perform a poem with expression and actions
- To distinguish between fact and fiction
- To recognise the genre of different text
- To identify the main idea of a text
- To share ideas when working collaboratively
- To listen to others when working collaboratively

In **Maths**, we'll be learning:

- To record and compare times
- To recognise and identify right angles
- To choose and use appropriate operations to solve word problems
- To round whole numbers to the nearest 10, 100 and 1000, number sequence
- Using and applying maths investigation
- To explain why an answer is correct
- About position, direction, coordinates
- To use their knowledge of multiplication facts to make division facts, for example,  $14 \times 5 = 70$  is the opposite of 70 divided by 14
- Revise graphs, areas, symmetry, rounding decimals, fraction of numbers, inverse number operation

# SPECIALIST

## Shaping up

When in Malaysia, relax, enjoy and EAT!

In Bahasa Integration this term, learners will be looking into the typical Malaysian diet and why Malaysians are proud to call their food the best. However, being the best still has its price to pay. Learners will be finding out about the top health risks amongst Malaysians caused by unhealthy diet, ask and answer questions about how they come about and what to do to maintain a healthier lifestyle. Learners will also have the chance to learn and play a Malaysian sport to keep them active and healthy.

In Bahasa Malaysia this term, learners will be revisiting all topics from Year 1 all the way to Year 3 and do a scrapbook to record this learning journey. The topics are:

Year 1 to Year 3

All about myself; Celebrations; Describing self and others; Family members; Animals and habitat

Healthy life; Sports; In the classroom; My uniform; On the way to school; My family and relatives; Dressing for the weather; All aboard; Music and me

Learners will be engaged in different kinds of activities that will cover these four skills: listening, speaking, reading and writing.

## Music

Using their IPC topic of 'Our World' as a stimulus the learners will be focusing on their music skills by participating in activities to build on their use and manipulation of the musical elements. Learners will play and sing more complex songs in unison and as a round to develop their awareness of pitch. Learners will use tuned, un-tuned percussion and recorders to accompany themselves. Learners will also listen to music and begin to use musical vocabulary when discussing the elements of music.

In this term, Year 3 **Advanced Mandarin** learners will be reading passages from Singapore Higher Chinese for Primary Schools Textbook 2A. The learners will be learning two topics which are Unit 8: 今天有体育课吗? and

Unit 9: 我的东西不见了. They will be learning school subjects, days in a week, time, negative and positive statements, interrogative sentences, stationary, measure words of stationery, colours and etc. The learners will also learn to construct sentences and short passages to improve on their fluency in communication relating to the topics. For usage of grammar, learners will be learning about linking words, verbs, adjectives, nouns, measure words, direction, prepositions and idioms. They will be engaged in many different kinds of activities that always covered these four skills: listening, speaking, reading and writing.

This term, **Mandarin Beginners** Level will revise all the topics learned earlier and create a digital scrapbook consists of Food and Sport. Learners will explore the two topics and find the commonality of these topics, they will then be guided to talk about healthy lifestyle. They are going to learn to plan for the scrapbook using sentences with Present Tense. They will learn to understand and respond to a range of familiar statements and questions of these topics. Learners will be engaged in different kinds of activities that will cover these four skills: listening, speaking, reading and writing.

In **Spanish** this term, learners will be revisiting two from Year 2 and do a scrapbook to record this learning journey. The topics re-visited are highlighted below:

Year 1 to Year 3

All about myself; Celebrations; Describing self and others; Family members ; Animals and habitat

Healthy life; Sports; In the classroom; My uniform; On the way to school ; My family and relatives  
Dressing for the weather; All aboard; Music and me

Learners will be engaged in different kinds of activities that will cover these four skills: listening, speaking, reading and writing.



This term the learners will continue to focus on developing hand-eye coordination in Badminton. They will start to put these skills into game play.. Learners will also be doing Dance for four weeks, where they will be looking at different ways of using expression through the body, by travelling, balance, levels, pair and small group work.

Throughout the term learners will continue to broaden their knowledge of the study of physical education concerned with healthy lifestyles, being safe and how physical activity affects the body.

Learners must ensure that they turn up to PE in the correct uniform, this includes their Nexus PE kit, a water bottle, their hair tied up and all jewellery removed, including watches, necklaces, bracelets and earrings.

Gemma Craker  
PE

### **Our Personal Goals for this term - Nexus Neuron**

**Resilience:** I am able to try again when I am not successful in my activities.

**Respect:** I know about the different needs of other people and show them respect.

**A flexible thinker:** I am able to identify and consider issues raised in my learning.

**Communication:** I am able to communicate in more than one spoken language.

**Enquiry:** I am able to collect reliable evidence from my investigations.

**Co-operation:** I am able to adopt different roles depending on the needs of the group and on the activity.

**Adaptability:** I am able to use my multiple intelligences and a variety of learning styles.

**Principled:** I know about respect and show it to others.

**Rigorous Learner:** I enjoy challenging myself.

**Internationally minded:** I am developing the ability to be at ease with others who are different from ourselves.

All of the work we are going to do has been specially written to help your child reach the learning goals. Learners will be reading, researching, writing, illustrating, working on their own and working in groups. We will be checking to see how well your child has learned through particular activities and asking learners to explain their work, perhaps to you.

We already know the interest you take in your child's work. If you can, please discuss with your child the work they have done as the term progresses and let them teach you.

Your child might **ask you questions about their own and your health and fitness. They might ask general questions about the workings of the human body, exercise and healthy eating.**

If your child has some work to research, please help them, but without actually doing the work. If you have the chance to further

their interest in the ideas of this theme please take it, but your enthusiasm and interest is most important.

By the end of the unit, we hope your child has achieved all of the learning targets. We hope they have had an enjoyable time in the classroom and we have enjoyed seeing your child work with enthusiasm. If you have any comments about the work your child has done, please get in touch.

Thank you for your continued support,

Year 3 Teachers

