

CONNECT04

GREETINGS FROM NEXUS INTERNATIONAL SCHOOL, PUTRAJAYA

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NEXUS
INTERNATIONAL
— SCHOOL —

PUTRAJAYA

Primary

THE ART CORNER IS OPEN!!!

At 12:30 on Monday, the 18th of May, the Primary School Council Representatives and the keynote speaker, Mrs. Waller, cut the red ribbon to celebrate the opening of the Art Corner!!! Now, primary learners have an incredible opportunity to make sketches and drawings using their own imagination or building on inspiration from art books. Here's what the learners have to say about the art corner after just 4 days:

“It is fun because now there are lots of different activities to do at break time.”

“We can draw whatever we want.”

“We raised money [for the art corner].”

“It lets people express their love of art.”

“It helps learners to take turns.”

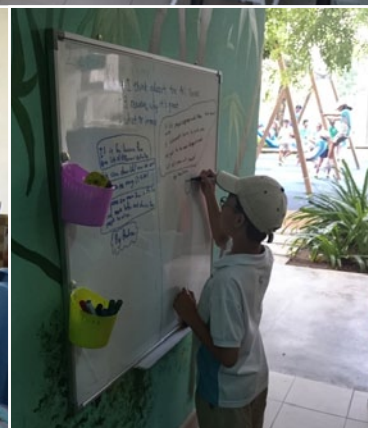
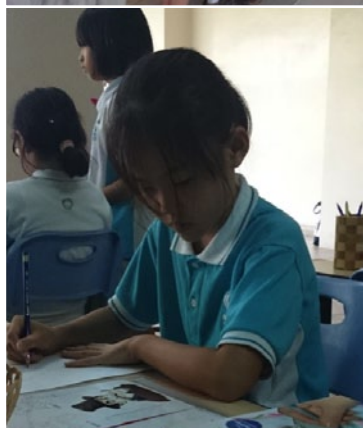
“We have more things to do at lunch time.”

The only recommendations we have received are:

“Please bring more chairs and tables.”

“Let us come at snack time!”

This innovative art initiative has demonstrated how dedicated the primary learners are to embracing opportunities to showcase their artistic talents in a welcoming and nurturing environment that promotes creativity.



Exercise

Nexus International School, Putrajaya
The Global Citizens of Tomorrow



This word is often synonymous with gyms and leaves people, mentally anyway, running for the hills!! But despite this, the average adult tends to do sporadic bouts of exercise, clinging to the thought that what they have achieved in the 30 minutes of exercise then gives them permission to have the extra large McDonalds Meal with a chocolate sundae for desert.

When parents look at their own children it has been shown they have what can only be described as a blind spot. In the UK out of 2,976 families only 4 parents thought their child were obese when the actual figure was 369!

But obesity is just a western thing, right?!

Actually Asia has one of the highest climbing obesity rates in the world with Malaysia topping that chart with a whopping 49% of women

and 44% of men being diagnosed obese.

So what is causing this massive rise?

Experts will often blame everything from deep fried mars bars to global warming but one thing that most agree on is the rise in children playing games on computers, phones or watching T.V. rather than playing outside is having a major affect.

But let me guess! Your child only does homework on the computer right?! Here's a fun task: do a diary, just for one week and without interference log how many hours your child spends playing games and how much time they spend outdoors or playing sport. 8 times out of 10 I bet you will be surprised!

So how is NISP trying to change this engrained social phenomenon?

NISP currently has a plethora of sports teams for those who like a little competition, morning wake-up shake-up, active CCA's and physical education lessons for all.

But wait for it...over the coming weeks NISP is running an exercise drive that will help learners understand the benefits of exercise and

show them just how fun it can be. Some of the upcoming events will be taster sports activities on Friday 22 of May and drop-in activities where teachers will invade classrooms for sporadic bouts of impromptue exercise.

Some of the benefits they will learn about are:

- Exercise helps improve
- Mood
- Self confidence
- Social awarness
- Communication
- Fitness
- Concentration
- Symptoms of ADD and ADHD
- Strength, endurance and accademic achievement.

It also helps to lower cholesterol, anxiety, stress, mood swings, depression and the risk of obesity.

The simple truth is accademic development is intrinsically linked to exercise. A healthy body is needed for a healthy mind!



Secondary

Duke of Edinburgh's International Award Scheme



We are currently recruiting participants for The Duke of Edinburgh's International Award scheme

The International Award is a program where young people challenge themselves and develop a wide range of life skills. It embraces the development of creativity, healthy living and community service. There is also an element of adventure through expeditions; this year we have trekked in the jungle, kayaked around islands in Langkawi and will be hiking to the top of Mount Rinjani in Lombok, Indonesia in June

What to know more? Check out the official website site for the Award or contact Mr Jim

<http://www.intaward.org>

Proud to deliver



END OF YEAR BALL

The Student Council of 2014-2015 is proud to present this year's End of Year Ball, with this year's theme: **"Time After Time"!**

The ball is open to learners from Years 9, 10, 11, 12 and 13.

The details are as follows:

Day/Date: **Saturday, 13th June 2015**
Time: **7.00 pm to 11.00 pm**
Venue: **Swiss-Garden Hotel & Residences, Kuala Lumpur**

Tickets for early birds (**RM 130**) has commenced and will end on the coming **Monday, 18th May 2015**.

From 19th May 2015 to 1st June 2015, tickets will be sold at RM 150.

If you have any questions, please do not hesitate to email the Student Council at student_council@nexus.edu.my

Year 12 Nottingham University Trip June 1st

Dear Parents, I handed out a letter to all Y12 Learners with details of the Trip (see below). Can you make sure that you sign the consent slip attached to the bottom of the letter before Monday May 25th.



Dear Year 12 Parents

The university application process has already begun during the learners' PSE time. As a result I have organized a short trip to the campus of Nottingham University (Malaysia). The trip is designed to give the learners a feel for university life, but more importantly to, pick up knowledge and tips that will help them to produce an effective Personal statement.

Learners will have an opportunity to tour the campus and take part in a workshop aimed at giving the learners hands on understanding of how teaching and learning is carried out at the undergraduate level. The workshops are aimed primarily at the sciences but learners will get to visit other faculties during the day.

We will need to leave Nexus promptly at 8.40am so please ensure the learners arrive at school by 8.30am. The bus will be leaving Nottingham University at 12.30pm. The University will provide some light refreshments but I strongly suggest that learners bring a packed lunch with them, as we may not be back at school in time to buy food from the canteen.

All learners will be back in school
for Period 7 and 8.

Please return the permission slip to Mr Conner, by Monday 25th May. If you have any further queries, please do not hesitate to ask by contacting me via email conner.j@nexus.edu.my

LANGUAGE PERFECT WORLD CHAMPIONSHIPS

The Language Perfect World Championships started on Monday for Years 5, 6, 7, 8 and 9 and Nexus got off to a flying start.

As I write we are currently 5th in the world out of 1200 participating schools, which is a fantastic achievement.

The tournament runs until May 28th and we hope to emulate last year's achievement of an incredible 7th placed finish.

To score points, learners have to answer vocabulary and grammar questions in Bahasa Malaysia, Mandarin, French or Spanish so the competition gives them the opportunity to revise older topics as well as explore new ones and learn even more language.

I look forward to updating you on our final results.

Please ensure that your child spends 20 minutes a day enhancing their language through this competition.

BODY BUILDING COACHING

CAS Reflection by Ryan Boon Wai Lee

Throughout the first two terms of Year 12, I've been coaching other fellow learners at bodybuilding. You may have seen my work around school.

Throughout the first term, I took the challenge of training Luanne Lai, a fellow Yr12. We sat down initially and planned our goals and shared areas of physical capabilities we'd like to see improvement in and what weights we already feel comfortable with working at. I did my research online and devised a regime I could train Luanne with. I worked alongside her through our sessions but at a higher level. I found that how I verbally motivate myself may not be as effective with my peers as Luanne was not as disciplined during our sessions and would occasionally burst into giggles. Realising my obstacle early enough, I adapted my approach and found that her mentality changed as a result.

At the start of term 2, Luanne decided to stop as she was getting too busy with work. Replacing her, my basketball teammates from Yr11, Syed, Zakwan, Hong Liang and Imran, displayed keen interest in improving their physique and requested my help. We discussed what aspects of their physical health they'd like to improve on and what their weakest points are before hand and I

conjured up an exercise regime that revolves around mainly bodyweight exercises and some weight training. I've talked to them about my experiences and have given them tips to improve their lifestyle. We forged a very strong bond and I started training them two times a week instead by their request. I taught them proper gym etiquette/mentality, good technique/form, and my knowledge of the subject. In return, they've repaid me with their overwhelming determination and desire to constantly improve. If anything, I think they've inspired me to push myself further than I've ever gone before.

Through my 9 months at this CAS activity, I've learnt a lot and have been constantly improving myself and experiment with different regimes (eg. the 5x5, pure calisthenics). Before this, I could not do a single pull-up; now I can do a max. of 7 continuously for about 3 sets. I was also stagnated at benching 30kgs (excluding bar), I can now bench 55kgs with ease and $\frac{3}{4}$ of my disciples have surpassed the 100 lbs mark. I've forged strong friendships with other fellow 'gym rats' and am constantly improving myself and pushing the people around me to greater feats. I'm a happy man.





The Student Council are proud to announce the details for the annual Summer Bash! Tickets will start to go on sale at the Admin Office starting on Tuesday, 19th May 2015 and will be sold until Wednesday, 27th May 2015. Each ticket will cost RM20 per person which also includes a variety of food and games. The Summer Bash will be all about having fun with friends, making memories and having an amazing time so learners are definitely encouraged to get their tickets as soon as possible because we can guarantee a good time. What better way to end the school year, right?? If there are any inquiries, please feel free to email Zhariiff Hazali (zhariiff.hazali.18@nexus.edu.my) for further clarification.

We hope to see you all there !
The Student Council.

Parent Presentation

Secondary Progress Reports

On the 28th May at the ground floor of the Boarding House we will be holding a short presentation to explain our Academic Progress Reports.

There will be 2 sessions – 9:00am will be for Y7 to Y11 Reports and 9:40am will be for Y12 & Y13 Reports.

The sessions will provide information on explaining the report format and how the data on the report is achieved.

PE Notices



Run for Nepal Tuesday 16th June

Due to the exceptional circumstances in Nepal recently we have taken the decision dedicate this run to help fundraise for Nepal.

The Run for Nepal will replace the Terry Fox Run which will be held on Tuesday 16th June at 8.45am until 10.20am.

Please use this form (<https://goo.gl/tR8VhP>) to place your Run for Nepal T-Shirt order. The deadline is Friday 29th May. Any orders placed after then may not be met. If you require multiple shirts in the same size then please tick the appropriate boxes.

Size samples of the T-shirt can be found at the student services shop. The T-Shirts are priced at Rm25 and all monies collected will go to a the wider collection organised by the student council and Miss Claire.

Payment should be made in full on or before Friday 29th May.

T-shirts can be collected from the student services shop from Friday 12th June.

Many thanks for supporting this worthwhile cause.

Nexus Triathlon Sunday 24th May

Thank you to all the learners and staff who have volunteered to help Marshall the various points of the course.

With over 250 athletes signed up it promises to be an exciting morning.

Volunteers should meet at the secondary drop-off point to collect your free t-shirts and food voucher at 6.15am

Sports Fixtures

On Thursday 14th May the U13 Boys Volleyball team visited Tenby International School to take part in a tournament against four other schools from around KL. Having not taken part in volleyball before the team started well, improving throughout each set they played. As the games went on the point for Nexus increased, with the final game

of one set against BSKL finishing 23-25 to BSKL. Incredibly close with Nexus in the lead for half of the game.

Well done to the team which was included the following learners from Year 7 and Year 8:

- Adam Rozaimi,
- Maxi Marichal,
- Vittal Narasingaroa,
- Dening Koh,
- Luke Grover,
- Michael Evans.

We will be starting Volleyball practice for U13 boys and girls from Friday 29th May at lunch time. Please come along to the sports hall at 1.15pm on this day if you are interested in being part of the team and representing Nexus next academic year.



Library News

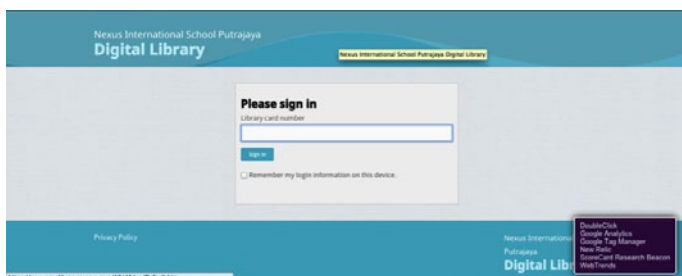
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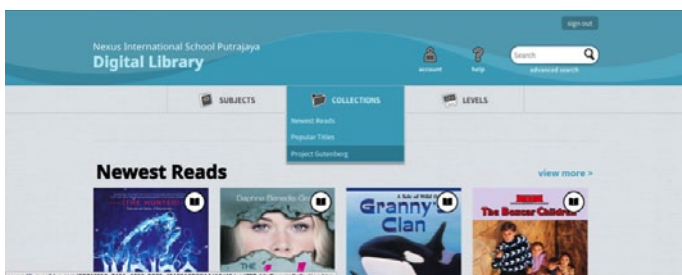
Another E-Book Subscription brought to you by the Nexus Library. We invite you to help us build up the EBooks collection for OverDrive. Your individual accounts have been set up.

Following is the Screenshot you get from this link - Kindly login with your Nexus ID number - which is also your "Library Card number" for OverDrive

Once you login, following would be the web page you would reach and can Start reading the e-books or start recommending titles for your library.

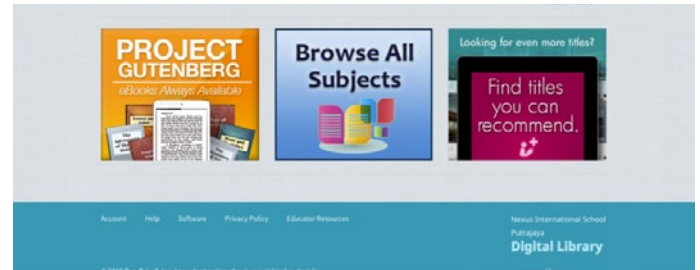


Once your login is successful, you shall arrive at the screen shown below. This page allows you to choose the titles and start borrowing and reading.



To recommend titles for your library, kindly

scroll down on the above page and select the option - "Find titles you can recommend"



Alternatively, you may find the option given below to recommend titles.



Parent Volunteers Library

On 13th May 2015, Our Wonderful Parent Volunteers, organized yet another "Book Covering Blitz" to cover the Newly Cataloged Books. Nexus Library is Very Thankful to all of them. (Pictures attached). The library takes this opportunity to acknowledge their dedication and involvement throughout the year and plans to present its Volunteers with "Certificates".

Although, there has been a practice, that the parents signed in whenever they came to the library for help. However, we do have some modest Parents who, come in to help, but did not sign in. I request all those "Friends of the Library" to contact the library staff and give their names. We do not want to miss you out to present certificates. It's just a way to express our gratitude. The Library would organize a short coffee-meet on 16th June at 2.45 pm - 2nd floor of the library, to present these Certificates. We look forward to your presence.

Cheers!
Nexus Library

MUSIC NEWS

Young Performers' Concert on Thursday 21 May

Well done to all our younger learners for your wonderful performances at the Young Performers' Concert on Thursday 21 May.

You were all very courageous and a real credit to the school. Special thanks must go to the 3 Y6 classes who prepared and worked so hard on making the Gamelan ensemble performances so good, well done Y6!

A big thank you also for Ms Ann, Mr Stave and all the Instrumental Peripatetic Staff for all the hard work that they put in to make the concert such a success.

Y10 & 12 Recital - Thursday 28th May - 1.20pm in the Dance Studio

On Thursday lunchtime in the Dance Studio our Y10 GCSE and Y12 IB learners will be performing a recital of their current performance work. Everyone is welcome to attend, but no late entrance will be allowed as we need to record the performances for their final exam submissions.

AIMS Young Musician of the Year Award 2015

Samantha Guillouet will be taking part on Saturday 23rd May at ISP school. We wish her all the best of luck and know that she will make us proud. If you can support her on the day then please email Mr Tim for further details, it starts at 10am. The final will take place on Sunday 24th May, we all hope to see her there.

Y7 Musicals - 3rd, 10th and 17th June

On the 3rd, 10th and 17th June we are putting on 3 Musicals performed by the 3 Y7 classes.

- Wednesday 3rd June - **What A Knight** - Y7 Whole Class Musical - 7pm in the Theatre - Class 7E
- Wednesday 10th June - **Rocky Monster Show** - Y7 Whole Class Musical- 7pm in the Theatre - Class 7N
- Wednesday 17th June - **Ye-Ha!** - Y7 Whole Class Musical - 7pm in the Theatre - Class 7X

Tickets will be on sale from Student Services next week.

Dates For Your Diaries

Thu 21 May	Young Performers' Concert 7pm in the Theatre TICKETS ON SALE NOW
Wed 3 Jun	WHAT A KNIGHT Y7 Whole Class Musical 7pm in the Theatre Class TBC
Wed 10 Jun	ROCKY MONSTER SHOW Y7 Whole Class Musica 7pm in the Theatre Class TBC
Wed 17 Jun	YE-HA! Y7 Whole Class Musical 7pm in the Theatre Class TBC
* Wed 24 Jun	ABRSM Music Practical Exam @ Nexus
* Thu 25 Jun	Rock Concert 7pm in the Theatre

Lunchtime Music Clubs - ALL WELCOME! No Invitation Needed! Just Come Along and have FUN!

Primary	
Mon	Recorder Group with Miss Ann
	String Group (Violins, Cellos) with Mr Mervin
	Guitar Group with Mr Afiq & Mr Hafiz
Tue	Brass Group with Mr Gerold
	Drumming Group with Mr Mr Faez & Ms Ann - STARTING IN AUGUST
Wed	Flute Group with Miss Yem Voon
	Ukulele Group with Ms Ann
	Clarinet Group for ALL Learners - with Miss Kit
Thu	String Group (Violins and Cellos) with Mr Mervin
Fri	Singing Group with Miss Ann & Miss Audrey
Secondary	
Mon	Drumming Group with Mr Faez & Mr Tim - STARTING IN AUGUST
Tue	Guitar Group with Mr Afiq
	Jazz Band with Mr Tim & Mr Steve
Wed	Flute Group with Miss Yem Voon
	Senior Choir (Acapella/ accompanied singing, 3/4 part singing) with Mr Steve & Mr Tim & Miss Audrey
	Guitar Groups with Mr Hafiz
	Clarinet Group for ALL Learners with Miss Kit
Thu	Senior String Group (Violins, Cellos) with Mr Mervin
Fri	String Orchestra with Mr Steve & Mr Mervin

Why Study Music?

3 Things Parents Must Tell Their Children When They Begin a Musical Instrument

<http://www.nafme.org/3-things-parents-must-tell-their-children-when-they-begin-a-musical-instrument/>

Nexus Girl Guides

The Nexus Girl Guides presented Student Council President Lynn Ann Ong with a 300 RM donation for the earthquake relief efforts in Nepal.

The Guides raised these funds through their recent loom band and baked goods sales.



Boarder Blog

Trip to the KL Tower and KLCC

This outing was the last one of my two years of boarding life. We first went to the KL tower for sight seeing, where we took the elevator which went to the observation deck in 54 seconds. The deck provided us with a 360 degree view of KL. The view was so clear that we could even see the school. All the boarders really enjoyed the tour, no matter whether they were a Year 6 boarder or a Year 13 senior. We then moved on to the Suria KLCC mall, where boarders were free to do their own activities, from watching a movie to having a nice meal.

All in all, the boarders really enjoyed this outing and had a lot of fun. For myself, this is the last weekend and the last boarding outing. My house parents and friends watched me grow and change to become a better person, and taught me something new every time I

made a mistake. I would like to say a huge thank you all the house parents, especially my house parent Mr.Trevor and my friends in boarding, I had one of the most wonderful and unforgettable experiences in my entire school life.

Lawrence - Year 13

