





**NEXUS INTERNATIONAL SCHOOL MALAYSIA DAILY STUDENT MENU**





WEEK 1		MONDAY 2ND NOVEMBER 2020	TUESDAY 3RD NOVEMBER 2020	WEDNESDAY 4TH NOVEMBER 2020	THURSDAY 5TH NOVEMBER 2020	FRIDAY 6TH NOVEMBER 2020
MORNING SNACK		POLO BUNS	MILK BREAD ROLLS	CURRY PUFF	KAYA&BUTTER TOASTIES	BENKANG PANDAN
WESTERN SET MEAL LUNCH (RM9.00)		ROSEMARY CHICKEN ROASTED POTATO ROASTED VEGETABLE	CHICKEN LASAGNE FOCACCIA BREAD SIDE SALAD	GRILLED CHICKEN CARBONARA PASTA STEAMED VEGETABLE	BEEF MEATBALL MASHED POTATO ROASTED VEGETABLE	GRILLED FISH BUTTER RICE SEASONAL VEGETABLE
ASIAN SET MEAL LUNCH (RM9.00)		CHICKEN KURMA TOMATO RICE ACAR RAMPAI	CHICKEN MANDARIN JASMINE RICE SAUTEED VEGETABLE	KOREAN CRISPY CHICKEN JASMINE RICE JAPCHAE	AYAM PENYET BAKAR JASMINE RICE AYAM PENYET CONDIMENTS	CHICKEN KAM HEONG JASMINE RICE SAUTEED BROCOLII
VEGETARIAN SET MEAL LUNCH (RM8.50)		TOFU KURMA TOMATO RICE ACAR RAMPAI	VEGETABLE LASAGNA FOCACCIA BREAD SIDE SALAD	KOREAN STEW TOFU JASMINE RICE JAPCHAE	CHICKPEA TOMATO STEW MASHED POTATO ROASTED VEGETABLE	TOFU KAM HEONG JASMIINE RICE SAUTEED BROCOLI

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\*MSG FREE Kitchen

**NEXUS INTERNATIONAL SCHOOL MALAYSIA DAILY STUDENT MENU**

WEEK 2		MONDAY 9TH NOVEMBER 2020	TUESDAY 10TH NOVEMBER 2020	WEDNESDAY 11TH NOVEMBER 2020	THURSDAY 12TH NOVEMBER 2020	FRIDAY 13TH NOVEMBER 2020
MORNING SNACK		STRAWBERRY PANCAKE	FRENCH TOAST	CHICKEN SLICE SANDWICH	GARLIC&CHEESE BUN	KUIH SERI MUKA
WESTERN SET MEAL LUNCH (RM9.00)		PINEAPPLE CHICKEN BURGER FRENCH FRIES SIDE SALAD	CHICKEN STROGANOFF BUTTER RICE HONEY GLAZED CARROT	CHICKEN PARMIGIANA ROASTED POTATO WEDGES GRILLED VEGETABLE	ROASTED CHICKEN HERB RICE STEAMED VEGETABLE	TUNA WRAP HAND CUT CHIPS GARDEN SALAD
ASIAN SET MEAL LUNCH (RM9.00)		CHICKEN 65 JASMINE RICE VEGETABLE CURRY	AYAM MASK MERAH BRIYANI RICE ACAR	SALTED EGG CHICKEN JASMINE RICE SAUTEED KAI LAN	THAI MINCED BEEF BASIL JASMINE RICE SAUTEED VEGETABLE	CHICKEN MANDEY MANDEY RICE TABOULEH
VEGETARIAN SET MEAL LUNCH (RM8.50)		TOFU MASALA JASMINE RICE VEGETABLE CURRY	GREEN PEAS STOGANOFF BUTTER RICE HONEY GLAZED CARROT	SALTED EGG TOFU JASMINE RICE SAUTEED KAI LAN	CHICKPEA GUMBO HERB RICE STEAMED VEGETABLE	VEGETABLE WRAP HAND CUT CHIPS GARDEN SALAD



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**NEXUS INTERNATIONAL SCHOOL MALAYSIA DAILY STUDENT MENU**

WEEK 3		MONDAY 16TH NOVEMBER 2020	TUESDAY 17TH NOVEMBER 2020	WEDNESDAY 18TH NOVEMBER 2020	THURSDAY 19TH NOVEMBER 2020	FRIDAY 20TH NOVEMBER 2020
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<b>MORNING SNACK</b> (RM3.00)		COOKIES	BREAKFAST PIZZA	BANANA CAKE	SAUSAGE BUN	TUNA SANDWICH
<b>WESTERN SET MEAL LUNCH</b> (RM9.00)		CHICKEN DUBARRY MASH PUMPKIN SEASONAL VEGETABLE	LEMON&HERB CHICKEN PILAF RICE ROSTED VEGETABLE	CHICKEN BURGER FRENCH FRIES COLESLAW	BEEF ENCHILADAS POTATO SALAD SALSA	BREADED FISH MASH POTATO ROASTED ZUCHINI
<b>ASIAN SET MEAL LUNCH</b> (RM9.00)		MARMIDE CHICKEN JASMINE RICE SAUTEED VEGETABLE	CHICKEN GYOZA EGG FRIED RICE SAUTEED PAK CHOY	SWEET&SOUR CHICKEN JASMINE RICE SAUTEED LONGBEAN	TURMERIC CHICKEN JASMINE RICE SOYA EGGPLANT	SESAME CHICKEN JASMINE RICE SAUTEED VEGETABLE
<b>VEGETARIAN SET MEAL LUNCH</b> (RM8.50)		TOFU DUBARRY JASMINE RICE SEASONAL VEGETABLE	SAUTEED TOMATO & EGG CHINESE FRIED RICE PAK CHOY SAUTEED	EGG SWEET&SOUR JASMINE RICE SAUTEED LONGBEAN	VEGE ENCHILADAS POTATO SALAD SALSA	SESAME TOFU JASMINE RICE SAUTEED VEGETABLE

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### NEXUS INTERNATIONAL SCHOOL MALAYSIA DAILY STUDENT MENU



WEEK 4	MONDAY 23RD NOVEMBER 2020	TUESDAY 24TH NOVEMBER 2020	WEDNESDAY 25TH NOVEMBER 2020	THURSDAY 26TH NOVEMBER 2020	FRIDAY 27TH NOVEMBER 2020
<b>MORNING SNACK</b> (RM3.00)	 KAYA&BANANA TOASTIES	SPRING ROLL	GRILL CHEESE SANDWICH	CITRUS CAKE	DONUT
<b>WESTERN SET MEAL LUNCH</b> (RM9.00)	 CHICKEN MEATBALL PASTA SIDE SALAD	GRILLED CHICKEN ROASTED POTATO CORN ON COB	BREADED CHICKEN MASH POTATO SAUTEED VEGETABLE	BEEF LASAGNA GARLIC BREAD STEAMED BROCCOLI	CHICKEN STEW PILAF RICE ROASTED VEGETABLE
<b>ASIAN SET MEAL LUNCH</b> (RM9.00)	 CHICKEN KATSU JASMINE RICE JAPANESE CURRY	CHICKEN CURRY JASMINE RICE SAUTEED CABAGE	ROASTED CHICKEN GINGER&HERB RICE TOMATO&CUCUMBER SALAD	BUTTER MILK CHICKEN JASMINE RICE SAUTEED PAK CHOY	GREEN CURRY CHICKEN JASMINE RICE SAUTEED EGGPLANT
<b>VEGETARIAN SET MEAL LUNCH</b> (RM8.50)	 TOFU TOMATO STEW PASTA SIDE SALAD	CHICKPEA CURRY JASMINE RICE SAUTEED CABAGE	SOY TOFU GINGER&HERB RICE TOMATO&CUCUMBER SALAD	BUTTER MILK TOFU JASMINE RICE SAUTEED PAK CHOY	TOFU GREEN CURRY JASMINE RICE SAUTEED EGGPLANT

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### NEXUS INTERNATIONAL SCHOOL MALAYSIA DAILY STUDENT MENU



WEEK 5	MONDAY 30TH NOVEMBER 2020	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING SNACK</b> (RM3.00)	 CHOCLATE BUN				

WESTERN SET MEAL LUNCH (RM9.00)		FISH & CHIPS FRENCH FRIES COLESLAW				
ASIAN SET MEAL LUNCH (RM9.00)		CHICKEN KAM HEONG JASMINE RICE SAUTEED VEGETABLE				
VEGETARIAN SET MEAL LUNCH (RM8.50)		TOFU KAM HEONG JASMINE RICE SAUTEED VEGETABLE				

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