













WEEK 1	MONDAY	TUESDAY 1ST SEPTEMBER 2020	WEDNESDAY 2ND SEPTEMBER 2020	THURSDAY 3RD SEPTEMBER 2020	FRIDAY 4TH SEPTEMBER 2020
MORNING SNACK 		CHEESE TOASTIES	CHOCOLATE BUN	CHICKEN PUFF	FRIED RICE
WESTERN SET MEAL LUNCH (RM9.00) 		BBQ CHICKEN ROASTED POTATO ROASTED VEGETABLE	CHICKEN CARBONARA SPAGHETTI STEAMED VEGETABLE	SWEDISH MEATBALL MASHED POTATO ROASTED VEGETABLE	GRILLED FISH BUTTER RICE SEASONAL VEGETABLE
ASIAN SET MEAL LUNCH (RM9.00) 		SESAME CHICKEN JASMINE RICE SAUTEED VEGETABLE	KOREAN BBQ CHICKEN JASMINE RICE JAPCHAE	BUTTERMILK CHICKEN JASMINE RICE SAUTEED VEGETABLE	CHICKEN PERATAL JASMINE RICE ALOO GOBI
VEGETARIAN SET MEAL LUNCH (RM8.50) 		BRAISED TOFU JASMINE RICE SAUTEED VEGETABLE	KOREAN STEW TOFU JASMINE RICE JAPCHAE	CHICKPEA BALL WITH TOMATO SAUCE MASHED POTATO ROASTED VEGETABLE	EGG PERATAL JASMINE RICE ALOO GOBI
<p><i>*Cezars Kitchen uses only Halal certified chicken & all suppliers are Halal certified</i></p> <p><i>*Cezars Kitchen does not use pork or nuts in our recipes</i></p> <p><i>*MSG FREE Kitchen</i></p>					

WEEK 2	MONDAY 7TH SEPTEMBER 2020	TUESDAY 8TH SEPTEMBER 2020	WEDNESDAY 9TH SEPTEMBER 2020	THURSDAY 10TH SEPTEMBER 2020	FRIDAY 11TH SEPTEMBER 2020
MORNING SNACK 	MEXICAN BUN	CHEESE BUN	HOMEMADE PANCAKE	FRIED NOODLE	BREAKFAST BROWNIES
WESTERN SET MEAL LUNCH (RM9.00) 	CHICKEN LASAGNA FOCACCIA BREAD SIDE SALAD	CHICKEN KATSU BURGER FRENCH FRIES HONEY GLAZED CARROT	CHICKEN ALFREDO PASTA GRILLED VEGETABLE	ROASTED CHICKEN MAC & CHEESE STEAMED VEGETABLE	BATTERED FISH HERB BUTTER RICE SAUTEED BROCCOLI
ASIAN SET MEAL LUNCH (RM9.00) 	CHICKEN CURRY JASMINE RICE SAUTEED CABBAGE	AYAM MASAK MERAH BRIYANI RICE ACAR	CHICKEN BULGOGI JASMINE RICE SAUTEED BEANSPOUT	THAI MINCED BEEF BASIL JASMINE RICE SAUTEED VEGETABLE	CHICKEN SHAWARMA POTATO CHUTNEY TABOULEH
VEGETARIAN SET MEAL LUNCH (RM8.50) 	VEGETARIAN LASAGNA FOCACCIA BREAD SIDE SALAD	POTATO & CHICPEA DALCA BRIYANI RICE ACAR	TOFU BULGOGI JASMINE RICE SAUTEED BEANSPOUT	TOFU GUMBO MAC & CHEESE STEAMED VEGETABLE	VEGETARIAN SHAWARMA POTATO CHUTNEY TABOULEH
<p><i>*Cezars Kitchen uses only Halal certified chicken & all suppliers are Halal certified</i></p> <p><i>*Cezars Kitchen does not use pork or nuts in our recipes</i></p> <p><i>*MSG FREE Kitchen</i></p>					

WEEK 3	MONDAY 14TH SEPTEMBER 2020	TUESDAY 15TH SEPTEMBER 2020	WEDNESDAY 16TH SEPTEMBER	THURSDAY 17TH SEPTEMBER	FRIDAY 18TH SEPTEMBER
--------	-------------------------------	--------------------------------	-----------------------------	----------------------------	--------------------------

MORNING SNACK (RM3.00)		FRIED MEE	BREKAFAST SCONES	MINI PIZZA (CHICKEN)	SANDO CAKE	LEMPENG PISANG
WESTERN SET MEAL LUNCH (RM9.00)		CHICKEN STROGANOFF RICE PILAF SAUTEED VEGETABLE	ROSEMARY CHICKEN ROASTED POTATO HONEY GLAZED CARROT	CHICKEN BOLOGNAISE PASTA SAUTEED BROCCOLI	BEEF ENCHILADAS POTATO SALAD SALSA	BREADED FISH POTATO LYONNAISE STEAMED VEGETABLE
ASIAN SET MEAL LUNCH (RM9.00)		CHINESE BRAISED CHICKEN JASMINE RICE SAUTEED VEGETABLE	CHICKEN GYOZA EGG FRIED RICE SAUTEED CHINESE CABBAGE	AYAM BAKAR MADU JASMINE RICE GULAI SAYUR	TURMERIC CHICKEN JASMINE RICE SOYA EGGPLANT	SWEET SOUR CHICKEN JASMINE RICE SAUTEED VEGETABLE
VEGETARIAN SET MEAL LUNCH (RM8.50)		FRENCH BEAN STROGANOFF RICE PILAF SAUTEED VEGETABLE	SAUTEED TOMATO & EGG CHINESE FRIED RICE CHINESE CABBAGE SAUTEED	TOMATO TOFU STEW PASTA SAUTEED BROCCOLI	VEGE ENCHILADAS POTATO SALAD SALSA	SWEET & SOUR TEMPEH JASMINE RICE SAUTEED VEGETABLE

*Cezars Kitchen uses only Halal certified chicken & all suppliers are Halal certified





*Cezars Kitchen does not use pork or nuts in our recipes

*MSG FREE Kitchen



NEXUS INTERNATIONAL SCHOOL MALAYSIA DAILY STUDENT MENU



WEEK 4	MONDAY 21ST SEPTEMBER 2020	TUESDAY 22ND SEPTEMBER 2020	WEDNESDAY 23RD SEPTEMBER 2020	THURSDAY 24TH SEPTEMBER 2020	FRIDAY 25TH SEPTEMBER 2020
MORNING SNACK (RM3.00)	 SAUSAGE BUN	CURRY PUFF	CHEESE SANDWICH	CUSTARD BUN	CHINESE FRIED RICE
WESTERN SET MEAL LUNCH (RM9.00)	 CHICKEN SCHNITZEL MASHED POTATO GRILLED VEGETABLE	GREEK CHICKEN HERB POTATO SALAD	CHICKEN BURGER FRENCH FRIES SIDE SALAD	BEEF MEATBALL PASTA STEAMED BROCCOLI	CHICKEN CACCIATORE BUTTER RICE ROASTED VEGETABLE
ASIAN SET MEAL LUNCH (RM9.00)	 CHICKEN TEPPANYAKI JASMINE RICE SAUTEED CABBAGE	CHICKEN KURMA JASMINE RICE SAUTEED LONG BEAN	ROASTED CHICKEN CHICKEN RICE CONDIMENTS	CHICKEN BUTTER MASALA JASMINE RICE SAUTEED LADY FINGER	FISH CURRY JASMINE RICE TURMERIC BEANSPROUTS
VEGETARIAN SET MEAL LUNCH (RM8.50)	 TEPPANYAKI TOFU w. EGG JASMINE RICE SAUTEED CABBAGE	VEGETABLE & CHICKPEA KURMA JASMINE RICE SAUTEED LONG BEAN	VEGAN BURGER FRENCH FRIES SIDE SALAD	TOFU BUTTER MASALA JASMINE RICE SAUTEED LADY FINGER	CHICKPEA MASALA JASMINE RICE TURMERIC BEANSPROUTS

*Cezars Kitchen uses only Halal certified chicken & all suppliers are Halal certified


*Cezars Kitchen does not use pork or nuts in our recipes




*MSG FREE Kitchen



NEXUS INTERNATIONAL SCHOOL MALAYSIA DAILY STUDENT MENU



WEEK 5	MONDAY 28TH SEPTEMBER 2020	TUESDAY 29 SEPTEMBER 2020	WEDNESDAY 30TH SEPTEMBER 2020	THURSDAY	FRIDAY
MORNING SNACK (RM3.00)	 BUTTER & SUGAR BUN	BANANA MUFFIN	EGG MAYO SANDWICH		

WESTERN SET MEAL LUNCH (RM9.00)		FISH & CHIPS COLESLAW	CHICKEN PIZZA PUMPKIN SOUP SALAD	GRILLED CHICKEN WRAP HAND CUT CHIPS WRAP CONDIMENTS		
ASIAN SET MEAL LUNCH (RM9.00)		JASMINE RICE SALTED EGG CHICKEN SAUTEED VEGETABLE	AYAM MASAK KICAP JASMINE RICE SAUTEED FRENCH BEAN	CHICKEN KABSAH KABSAH RICE ARABIC SALAD		
VEGETARIAN SET MEAL LUNCH (RM8.50)		SALTED EGG TOFU JASMINE RICE SAUTEED VEGETABLE	VEGETARIAN PIZZA PUMPKIN SOUP SALAD	VEGETARIAN WRAP HAND CUT CHIPS WRAP CONDIMENTS		

*Cezars Kitchen uses only Halal certified chicken & all suppliers are Halal certified

*Cezars Kitchen does not use pork or nuts in our recipes

*MSG FREE Kitchen